

GOOD PRACTICE NOTE

IFC Life and Fire Safety: Hotels



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This Good Practice Note (GPN) was prepared by the consulting firm FPC Risk and peer reviewed by John Graham, Bernard Micallef, Luis Cestari, and Elena Chuzhakova (all IFC).

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List of Abbreviations

dBA decibel (A-weighting)

FACP Fire Alarm Control Panel

GPN Good Practice Note

IFC International Finance Corporation

LFS Life and Fire Safety

m meter

m.s⁻¹ meter per second

MAC Manual Alarm Callpoint

min minutes

N Newton

Pa Pascal

SHEVS Smoke and Heat Exhaust Ventilation System

WBG World Bank Group



Introduction

The Life and Fire Safety (LFS) Good Practice Notes (GPNs) are technical reference documents developed for two main purposes:¹

- To support IFC's investment decisions when evaluating if life and fire safety objectives have been achieved
- As a general guideline for the project team to develop a life and fire concept for the specific occupancy

This GPN is a guideline for investment projects in both new and existing occupancies.

The GPN provides further guidance to section 3.3 of the World Bank Group (WBG) General Environmental, Health, and Safety (EHS) Guidelines, which are the core of IFC's requirements on life and fire safety.

DOCUMENT STRUCTURE

This GPN consists of two main parts:

- A description of fire safety approach, specific requirements and components of fire protection
- Four annexes:
 - Annex A. Guideline Key Life and Fire Safety Design Principles
 - Annex B. Key Life and Fire Safety Audit Aspects
 - Annex C. Inspection and Maintenance Schedule
 - Annex D. Life and Fire Safety Documentation and Approval Flow

LIFE AND FIRE SAFETY OBJECTIVES

The following objectives should be demonstrated by the project team when designing a building:

- Safe evacuation of occupants
- Limit fire and smoke spread to one fire compartment
- Safe intervention for fire brigade

These life and fire safety objectives can only be achieved through implementation of technical and operational measures.

¹This document is not a legal reference.



1. Hotel-Specific Fire Risks

Hotels are residential occupancies that are primarily transient in nature. The presence of sleeping occupants should be central to the provisions taken on life and fire safety, because occupants who are asleep will be unaware of a developing fire and, when awakened and alerted to the emergency, might be somewhat confused. Furthermore, most occupants have little or no familiarity with the building.

The provisions are also based on the presence of additional hazards (such as cooking and heating equipment, smoking in rooms) that might be present in the hotel rooms.

Unfamiliar surroundings and the possibility of being asleep when a fire occurs are factors that increase risk to hotel guests. An additional challenge is the potential exposure to heat and smoke of corridor and room fires, because typical hotel building configurations often require escaping guests to traverse an interior corridor.

2. Life and Fire Safety Components

APPROACH

The basic strategy is to provide occupant warning in case of fire and limit fire and smoke spread by providing proper compartmentation, smoke management and sprinklers. Also good staff training and emergency response plans are essential.

Hence, the required level of life and fire safety can be achieved by the implementation of a range of fire safety measures.

A summary table of the key LFS design criteria is included in Annex A of this document. In the following paragraphs, each of the key aspects is described in more detail.

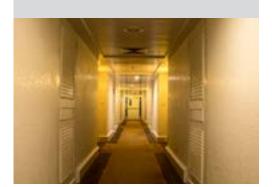
STRUCTURAL FIRE RESISTANCE

GOALS

The structural fire resistance of a hotel building should be sufficient to:

- Enable a safe evacuation of the building
- Allow firefighters ample time to enter the building, organize a search and rescue operation and control the fire

Unfamiliar surroundings and the possibility of being asleep when a fire occurs are factors that increase risk to hotel quests.



REQUIREMENTS

As a main code of good practice, the building structure should be non-combustible.

Other requirements of the building structure depend on the height of the building. In areas where the public fire department can intervene within 15 minutes after the fire alarm goes off, the following values are recommended:

- Single-story building: 30 minutes structural resistance
- Buildings lower than 25 m: 60 minutes structural resistance
- Buildings higher than 25 m: 120 minutes structural resistance

These structural fire resistance requirements can be achieved by following materials:

- Columns and beams of reinforced concrete. Design of these elements should take into account static and dynamic forces, fire resistance, etc.
- Metal columns and beams. Since metal loses its strength at elevated temperatures, these elements should be protected by intumescent² coatings or material insulation such as gypsum casings. Another option is to use concrete poured metal elements.

MAINTENANCE

Maintenance of fire resistance structures depends on the material used. Concrete elements don't require specific maintenance. Of course, strength calculations need to be performed if higher loads are applied or if elements are altered.

Coatings are more vulnerable to damage and should be visually inspected regularly. Coatings need to be reapplied at regular intervals, in accordance with maintenance instructions. Fire resistant casings might also be vulnerable to damage and need to be visually inspected regularly.

FIRE COMPARTMENTATION

COMPARTMENTATION GOALS

Well-maintained fire compartmentation confines fire and smoke to a limited area in the building. It is the fundamental basis of passive fire protection. A fire compartment can contain single or multiple rooms. Fire compartmentation enables three goals of fire protection:

- Life safety
- Property protection
- Continuity of operations

The following good practices are recommended:

- Every floor forms a single fire compartment
- Every occupancy type / function area forms a single fire compartment
- High-risk areas are located in separate fire compartments
- Safe means of egress are enclosed by fire rated walls and doors
- Vertical openings (stairs, elevators, utility shafts) are enclosed by fire rated walls and doors

In the following sections, more guidance is given.

² Materials that swell when exposed to heat, providing insulating or sealing properties

COMPARTMENTATION BETWEEN FLOORS

Fire compartmentation between floors prevents a fire from spreading quickly between floors. The fire compartmentation of the floor slab should have at least the same rating as the structural resistance of the building. Attention should also be given to prevent possible flame spreads through the openings on the outside of the building.

If a compartmentation between floors is not feasible (e.g., hotel rooms located around an atrium), additional fire safety measures should be taken to limit fire spread and to control the smoke (e.g., smoke extraction by smoke vents or mechanical extractors, installation of smoke curtains, etc.).

COMPARTMENTATION BETWEEN OCCUPANCIES / FUNCTION AREAS

The following occupancies / function areas should form separate fire compartments, with a fire rating of at least 60 minutes:

- Guest rooms
- Kitchen and restaurant
- Laundry
- Reception area
- Conference area
- Shopping areas
- Parking garages
- Electrical/mechanical areas

SAFE MEANS OF EGRESS

In order to protect people against toxic effects and heat impact of smoke resulting from a fire, only a limited evacuation distance is allowed through which one can be exposed. After this evacuation distance, people should be able to evacuate through safe means of egress to the outside. These means of egress are separated from the rest of the building by walls and doors with sufficient fire rating.

VERTICAL OPENINGS

Vertical openings in floors are particularly hazardous because they enable rapid fire and smoke spread through the building if they are not protected. As a general guideline, these vertical openings should have the same fire rating as the building's structural resistance.

COMPARTMENT CONSTRUCTION

A well-constructed fire compartment consists of walls that are strong enough to provide the required fire rating. Openings in these walls can only be made if they are sealed by certified components. An overview of the most important components is given in the following sections.

Well-maintained fire compartmentation confines fire and smoke to a limited area in the building

FIRE RATED DOORS

Fire rated doors should be always certified to have a defined fire rating. As a general guideline, the fire doors should have the same fire rating as the fire walls. Exceptions are however possible if national legislation accepts doors with a lower fire rating than the walls (e.g., U.S. standards accept that doors have a fire rating which is approximately 2/3 of the wall's fire rating).

The installer of the fire rated doors should follow the manufacturer's published instructions, and should provide for every door a certificate that the door is installed in accordance with these requirements.

FIRE RATED WINDOWS

Windows are possible in fire rated walls if they have a certified fire rating. The fire rating of the window should be equal to the wall fire rating.

FIRE RATED DUCTWORK

When ducts are installed through fire walls, one of following options should be installed to protect the opening against fire spread:

- The duct should be encased in a fire rated enclosure that has the same fire rating as the fire rated wall
- A fire rated damper should be installed in the duct where it penetrates the fire rated wall. This fire rated damper should have a certificate for the same fire rating as the fire rated wall. The opening between wall and duct should be sealed with material having the same fire rating as the wall

SEALING OF OPENINGS

All other openings (cables and cable trays, plastic or metal pipes) should be sealed with a material that provides a fire rating equal to the fire rating of the wall. If plastic pipes protrude through a fire rated wall, specific fire rated collars should be installed in the penetration through the wall. It is recommended that a certificate is provided for every specific penetration through a fire rated wall.

MAINTENANCE

Compartmentation as such doesn't require much maintenance, since most of the protection measures are passive. However the following items should be inspected anually:

- Fire doors:
 - If doors are self-closing, check if they still latch correctly and check for damage to the door
 - If doors should close upon fire detection: test the mechanism by activating a fire detector
- Fire dampers: inspect the closing mechanism
- Smoke dampers: test if the damper closes upon fire detection

The effectiveness of fire compartmentation to confine fire and smoke relies heavily on the protection of openings through the fire rated wall/floor. A well-implemented 'management of change' program is necessary to identify alterations that can have an impact on a fire compartment. It is often noticed that fire wall penetrations are not properly sealed after modifications (e.g., additional penetration for cables), which can have an immense impact on the performance of the fire rated wall.

INTERIOR FINISH

GOALS OF INTERIOR FINISH

The provision of safe evacuation routes is one of the more important life safety aspects in hotel buildings. A correct choice of interior finish materials in these routes is a key aspect to reach this goal.

Combustible interior finish materials can lead to a quick fire spread and block the access to exits or even the exits themselves. Such scenarios can be avoided by selecting interior finish materials that are more difficult to ignite.

It is not the intention of this paragraph to prohibit the use of certain interior finish materials in guest rooms themselves. One should however consider that fewer combustible materials in the rooms will lead to lower fire spreads and to more time for the occupants to escape safely.

CHOICE OF INTERIOR FINISH MATERIALS

Since standards of reaction to fire are hard to compare, it is difficult to define in this section requirements on class of materials.

The following guidelines, however, can be given:

- Exit enclosures should consist completely of non-combustible elements: concrete elements, gypsum finishes, ceramic materials, metal ceiling elements, rockwool elements for false ceilings. Plastics or other combustible materials are never allowed.
- Corridors and lobbies should consist of non-combustible materials and of materials that are hard to ignite. Test certificates should be presented for plastic and wood materials to demonstrate that the material is hard to ignite and thus suitable to use.
- The higher the building, the more attention is needed to the choice of interior finish materials since both evacuation and intervention take longer time.
- The use of sprinklers can lead to less stringent requirements for interior finish materials. Materials that are easily ignitable (low density fibreboards, wood- based panels, plastic based insulation products) should however be avoided at all times.

MAINTENANCE

No specific requirements on maintenance exist.

A well implemented 'management of change' program is however necessary to identify which materials are to be used during modification projects in the building.

FURNISHINGS, MATTRESSES, DECORATION

GOALS

Just as with interior finish materials, the room furnishing has a big impact on the potential spread of a fire. By selecting proper materials, the hazard to people close to the fire can be significantly reduced. The choice of furnishing, mattress type and decoration has most impact on life safety.



CHOICE OF FURNISHINGS, MATTRESSES AND DECORATION

Foam materials can contribute significantly to the strength of a fire. For this reason, it is recommended to avoid as much as possible upholstered furniture in guest rooms. Specific standardized tests on performance of this type of furniture in fires exist. If such furniture is selected, it is highly recommended to select certified items that have a better performance in a fire.

Mattresses may also contain combustible foaming materials. As a minimum, these mattresses should pass tests on their resistance against smouldering cigarettes or other small objects.

Curtains can also have a large impact on the fire spread, due to their vertical orientation. Attention should be paid to the selection of fire retardant materials.

MAINTENANCE

Also for this topic, a well-implemented 'management of change' program is necessary to identify which materials are to be used during modification projects in the building.

FIRE DETECTION

GOALS OF FIRE DETECTION

Automatic fire detection systems provide a fast and reliable means to detect a fire in its incipient stage. As such, they enable following goals of fire protection:

- Life safety
- Property protection
- Continuity of operations

In guest room areas, smoke detectors with a built-in buzzer are of great value to warn sleeping people (specially in smoking rooms) before they get incapacitated by the smoke. In all other areas, the installation of a well-designed automatic fire detection system leads to a fast fire detection, which on its turn provides more time to react to the fire and to initiate an evacuation and fire intervention.

INSTALLATION OF FIRE DETECTION SYSTEMS

An automatic fire detection system consists of following components:

- A fire alarm control panel (FACP) that manages the complete system
- Fire detectors
- Manual alarm callpoints (MACs)
- Input / output modules (I/O modules) that integrate specific signals from / to equipment managed by the FACP

It is strongly recommended to only install fire detection systems that are accepted by national standards or approved by accredited bodies. The design of the system should be performed by a company that is certified for the installation of such systems.

Automatic fire detection systems provide a fast and reliable means to detect a fire in its incipient stage.



A 'cause and effect matrix' should be developed during the design. This matrix should summarize all actions that need to be activated by the FACP upon fire detection in one of the detection zones.

The FACP or one of its repeater panels should be located in a continuously staffed location (e.g., in the hotel reception area), or the fire alarm / fault signal should be automatically transmitted to a dedicated person.

It is recommended to automatically transmit a confirmed fire alarm signal to the fire department or to a dedicated command post in order to initiate fire fighting intervention as soon as possible. Procedures in which the alarm is verified by personnel before the alarm is transmitted are permitted.

MAINTENANCE

Since a fire detection system is composed of often sensitive electronic equipment, proper maintenance of the system is vital: the system should be maintained annually by a certified company.

Besides this yearly maintenance, the system owner is responsible for the daily follow-up of technical alarms. Equally important is a 'management of change' procedure: with every change of layout or function of any area, a verification should be performed that the detection system in the area is still able to detect a fire swiftly.

FIRE ALARM

GOALS OF FIRE ALARM

The main goal of a fire alarm system is to start the evacuation of a compartment or complete building in a timely and orderly manner.

In order to meet this goal, the alarm signal should be:

- Clearly distinct from any other sound in the building
- Loud enough in all areas
- Understandable by hearing-impaired persons

Fire alarm signals can be roughly divided into following categories:

- Audible alarms (e.g., siren, bell)
- Voice evacuation systems
- Visible notification signals
- Vibrating pillows in rooms for hearing-impaired persons

A siren system can be installed in all hotel areas that are not accessible to guests: hotel personnel should know the fire alarm signal and should know what to do in case of fire alarm.

In public areas, a voice evacuation system is preferred: this system combines a general alert system with prerecorded messages to leave the building. With this system, specific directives can also be given for one alarm zone or for the complete building.

Visible notification means can be provided in areas with potential high noise levels, but are only permitted as an extra signal above sirens.

INSTALLATION OF FIRE ALARM SYSTEMS

Alarm sounders should be strategically installed in the building to obtain a distinctive alarm signal throughout. The following sound levels should be obtained:

- Guest rooms: at least 75 dBA or 15 dBA above the average ambient sound level, measured on the pillow level. If there are any barriers between the sounder and the pillow (e.g. door, rectractable partition, curtain, etc.), the sound level should be measured with these barriers closed.
- Other areas: at least 65 dBA or 15 dBA above the average ambient sound level, measured 1.5 m above floor level.
- · Voice messages don't need to meet the sound levels indicated above. The message should however be intelligible within specific spaces in the building. These areas should be predetermined during the design and should include at a minimum:
 - Guest room corridors
 - All large public areas as reception, restaurants and bars, large conference rooms, etc.

The maximum sound level in any location should not exceed 110 dBA. Visible notification means can be provided

in areas with potential high noise levels (e.g., generator rooms).

If the guest room can be occupied by hearing-impaired persons, additional notification means should be provided. Flashing lights should be installed in these rooms, the installation of a vibrating pad under the pillow is an optional notification. Further, it is highly recommended to organize a system of manual alerts for hearing- and mobility-impaired persons.

The fire alarm system can be divided into alarm zones in order to allow for a phased evacuation of the building. Several fire compartments can be combined into one alarm zone, but it is not allowed to subdivide a fire compartment into different alarm zones.

The fire alarm system is an installation that needs to remain in service during fire conditions: care should be taken to install fire rated cabling and to supervise the correct working of all electronic equipment.

MAINTENANCE

The alarm system should be maintained annually by a certified company. The alarm should be tested at least annually to check if sound levels comply.

During change projects, it should always be verified that the sound levels are still attained in every area.

Alarm sounders should be strategically installed in the building to obtain a distinctive alarm signal throughout.





MEANS OF EGRESS

EGRESS GOALS

The means of egress allow people to evacuate safely from the hotel. In order to achieve this goal, the following requirements should be met:

- The path on which people can be exposed to fire and smoke should be limited in distance.
- The means of egress should have sufficient width to allow all occupants to evacuate in due time.
- Enough independent evacuation ways should be available to allow a safe evacuation if one of the routes is blocked by a fire.
- People are not impeded on the evacuation route by blocked or locked doors, low ceiling heights, too narrow routes, steep stairs, low illumination levels, storage of materials, etc.
- People should be able to locate the exits easily.

MAXIMUM EVACUATION LENGTHS

The evacuation route consists of a number of components for which definitions are given below:

- Common path: The portion of a route that must be traversed before separate and distinct paths of travel to at least two exits are available. In hotel areas, the evacuation route in the guest room itself is often not part of the common path, a separate maximal guest room distance is normally prescribed in local codes.
- Exit: That portion of a means of egress that is separated from all other spaces of the building or structure by construction, location, or equipment as required to provide a protected way of travel to the exit discharge. Staircases or direct accesses to the outside are typical examples of exits. Under certain conditions, another fire compartment can also be an exit.
- Exit discharge: That portion of a means of egress between the termination of an exit and a public way.
- Dead-end corridor: That part of an exit access corridor that continues past an exit and creates a pocket into which an occupant might travel.

Recommended maximal evacuation lengths can be found in Annex A.

The following other guidelines should be taken into account:

• Maximum 50 percent of the exit capacity is allowed to discharge through a lobby or reception area

In order to protect people against toxic effects and heat impact of smoke resulting from a fire, only a limited evacuation distance is allowed.



- Main entrance requirements for areas with occupant loads that are higher than 50 persons (restaurants, bars, conference areas, etc.):
 - The main entrance should be of a width that accommodates one-half of the total occupant load
 - If a discotheque is provided, the main entrance shall be of a width that accommodates two-thirds of the occupant load
 - In any case, additional exits shall be provided for at least one-half of the occupant load

ARRANGEMENT OF MEANS OF EGRESS

Enough means of egress should be available to allow people to evacuate safely if one of the exits cannot be reached due to the fire. In general, it is recommended to organize evacuation routes in such a way that at least two independent exits can be reached from every area in the building. A part of these exit routes can be 'common path,' see Annex A for recommendations on maximum lengths.

The larger the maximum occupant load of an area, the more independent evacuation routes should be provided.

The means of egress should be organized in such a way that maximum one route can be blocked in case of a single fire: exits, exit accesses and exit discharges shall be remotely located from each other.

As a general guideline, exits are considered to be remote from each other if the distance between at least two of the exits is not less than one-half the length of the overall diagonal dimension in the area of the building.

MEANS OF EGRESS COMPONENTS

People should be able to move quickly on means of egress: all components should be designed to enable a fluent evacuation. The following recommendations are given:

- Evacuation doors should never be provided with locks with the exception of secure areas where special
 locking arrangement could be used (delay locks, glass rod locks, exit push buttons, etc.). People should
 always be able to evacuate through emergency doors if necessary. All doors should be able to be opened
 without excessive force.
- Exits and exit accesses should be well illuminated: people should be able to see all possible obstructions and dangerous components such as turns in corridors, junctions, stair treads, ramps, etc.

SIGNAGE

All exits should be well marked: signage should be provided above the exit doors and directional signs should be installed judiciously throughout the building. The signs should be illuminated by dedicated emergency lighting. Due to the often wide variety in nationality of hotel guests, it is recommended to install internationally accepted evacuation pictograms.

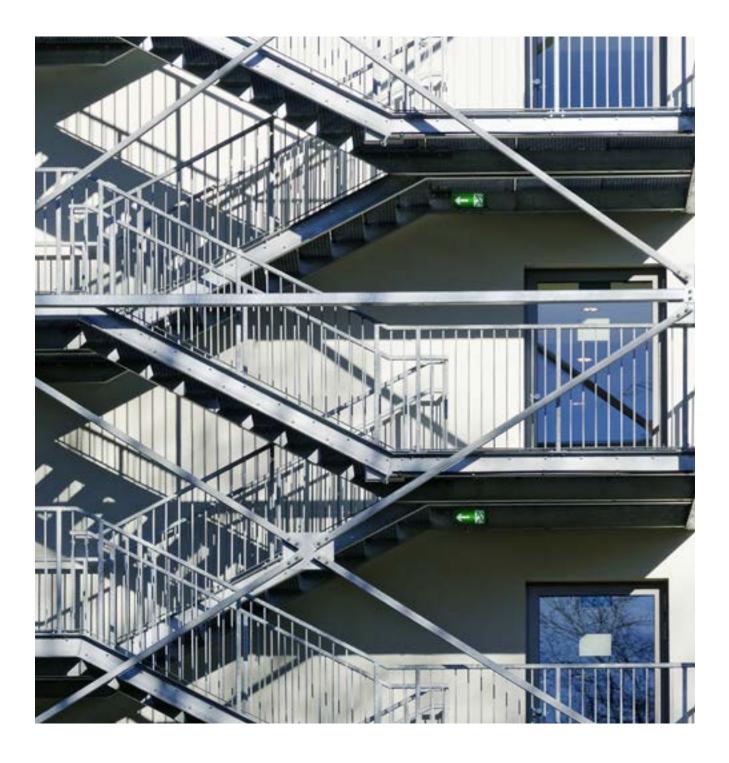
In addition to the signage along the evacuation routes, a floor diagram shall be posted on every guest room door. This diagram shall contain following information:

- Actual floor arrangement
- Exit locations
- Room identifications
- Location of fire extinguishers and hose reels
- Procedures in case of an emergency (in local language and English)

MAINTENANCE

Regular inspection rounds are needed to check that all means of egress are free and unobstructed. These inspections can be performed by the security teams or during so-called 'self-inspection' rounds on which this and other fire safety aspects are checked. Formalized records should be kept on the findings of these rounds and the actions that were taken as a result of the inspections.

The emergency lighting requires at least yearly maintenance by a certified company. During these maintenance rounds, the performance of system batteries should be checked. Other failures like broken bulbs should be corrected as soon as possible.



FIRE CONTROL AND SUPPRESSION

GOALS OF FIRE SUPPRESSION

The objective of a fire suppression system is to control or extinguish the fire in its early stage. These means of suppression can be manual (fire extinguishers, hose reels) or automatic (sprinkler systems, gas extinguishing systems, etc.). The primary goal of these suppression means is to limit property damage and to control the fire before it becomes hazardous to people not close to the fire or to intervention teams.

FIRE EXTINGUISHERS

Fire extinguishers are active fire protection devices used to extinguish or control small fires. They are intended to be used by the hotel's first intervention team or by guests that have the expertise to use them. They are not intended for use on an out-of-control fire that can endanger the user.





Many types of fire extinguishers are available: water, foam, dry chemical, carbon dioxide, etc. All of them have specific advantages and disadvantages and should be selected by experienced persons.

At a minimum, fire extinguishers are required in hazardous areas of unsprinklered buildings, but are recommended to be installed throughout the hotel building. In any case, the position of fire extinguishers should comply with local code requirements.

STANDPIPE SYSTEM

A standpipe systems is a type of rigid water piping that is built in multi-story buildings to which fire hoses can be connected. The presence of standpipe systems saves time for firefighters: laying a firehose up a stairwell takes considerable time.

Two types of standpipe systems are available:

- Wet standpipe systems, that are filled with water and are pressurized at all times. Often, hoses are already connected to the system, which allows the fire department to quickly attack the fire. Wet standpipe systems can be combined with sprinkler systems by connecting them to the same piping network.
- Dry standpipe systems, that are empty at normal conditions and need to be connected to a fire hydrant (or other water source) in case of an intervention.

Wet standpipe systems are recommended in both sprinklered and unsprinklered buildings, because they provide a means of suppression that is readily available and less restricted than fire extinguishers.

Dry standpipe systems are particularly recommended in buildings higher than 4 floors without a wet standpipe system.

Both systems are best installed in staircases, since these form a relatively safe location for the fire department to prepare an attack of the fire.

Apart from the two standpipe systems described above, hose reel cabinets can be installed throughout the building and connected to the sprinkler system or directly to the water distribution system. These hoses work on a lower pressure which allows them to be used by first intervention teams or occupants. Hose reel cabinets are only suitable for smaller fires, since water flows are considerably lower than the systems described above.

AUTOMATIC SUPPRESSION

If well-designed and maintained, automatic sprinkler systems are considered to be the most effective and reliable fire suppression system available. Statistical information shows that approximately 95% of fires are confined to the room of origin when a sprinkler system is installed. For this reason, sprinkler systems are highly recommended in all hotel buildings.

Sprinkler systems should be designed in accordance with approved standards. Sprinkler installation design is based on minimum spray densities over a maximum area of operation. The higher the risk classification of the rooms, the higher the requirements will be for the spray densities and the area of operation. The water supply should be reliable: it is recommended to install a dedicated fire water tank and a fire pump certified by an accredited body. The fire pump should have a reliable power source: an electric driven pump should be connected to an emergency generator, or an engine driven fire pump should be installed instead.

Furthermore, the installation of valves in the system should be limited to the strict minimum to operate the system – statistics show that most sprinkler systems fail due to a closed valve.

Besides the systems mentioned above, other systems are available to protect specific rooms:

- Automatic gas extinguishing systems are suitable to protect vulnerable spaces in the building that are susceptible to water damage. These systems are commonly used in server rooms or in electrical rooms. It is advised to install such a system if a fire in the room can lead to a large business interruption or a high value loss.
- Kitchen hood systems are designed to extinguish cooking fires caused by grease or grease-laden vapors. The suppression agent consists of a wet chemical or a water mist.

MAINTENANCE

Proper maintenance of fire extinguishers, fire hoses and all mechanical parts of automatic suppression system is needed to ensure proper performance. Maintenance should be performed at least annually by a certified company.

Besides this yearly maintenance, the system owner is responsible for some general maintenance tasks and regular checks. Equally important is a 'management of change' procedure: every change of layout or function of any area, requires verification that the suppression system in the area is still able to control or suppress a fire effectively.

SMOKE CONTROL

GOALS OF SMOKE CONTROL

Smoke control systems are designed to control the area affected by smoke, to limit the smoke temperature or to provide smoke-free zones in egress routes. As such, they enable the following goals of fire protection:

- Life safety
- Property protection

Smoke control can be performed by passive means (smoke barriers or smoke curtains) and/or active systems. Active systems consist of natural ventilation, mechanical smoke extraction, or smoke pressurization systems.

In hotels, the following systems are regularly used:

- Smoke and Heat Exhaust Ventilation Systems (SHEVS) in atria or large compartments
- Corridor smoke removal systems in guestroom corridors
- Pressurization systems in stairwells and / or elevator shafts

SMOKE AND HEAT EXHAUST VENTILATION SYSTEMS

SHEVS are designed to limit the smoke spread to a certain area ('smoke control zone'), to obtain a smoke-free height in the smoke control zone and to limit the smoke temperature.

SHEVS are typically installed in atria – the open connections between floors are extremely vulnerable to rapid smoke spread. This creates very hazardous situations and occupants can be surprised by toxic fumes.

A SHEVS' design is based on a design fire that can be obtained from specific standards. Based on the design fire and the required smoke-free height, calculations can be performed to estimate the required mechanical extraction rate or the required amount of ventilation openings.

Equally important to the extraction rate is to provide enough supply air to the area. Without this fresh supply air, the system will not be able to extract smoke from the smoke control area.

Since SHEVS extract hot air from the smoke control area, the system can delay sprinkler activation. Attention should be paid to this interaction if both systems are combined in the same area. In general, it is good practice to activate the SHEVS by a sprinkler flow alarm.

CORRIDOR SMOKE REMOVAL SYSTEM

Corridor smoke removal systems are fairly basic systems in which a fixed number of air changes is imposed in corridors. A corridor smoke removal system creates safer egress routes, due to the constant supply of fresh air which dilutes the smoke that enters the corridor. Corridor smoke removal systems are often required by local codes.

STAIRWELL AND ELEVATOR SHAFT PRESSURIZATION SYSTEMS

Pressurization systems impede smoke spread to certain areas of the building by creating an overpressure. They are commonly used and highly recommended in staircases in high-rise buildings, since they provide an extra grade of protection that allows for longer evacuation times.

Pressurization systems in staircases should be carefully designed, they should create a pressure difference of at least 50 Pa (all doors closed) and an airflow of at least 0.75 m.s⁻¹ through an open door. On the other hand, it should still be possible to open the staircase doors easily (most codes prescribe a maximum opening force of 100 N).

Pressurization systems can also be installed to protect elevator shafts against vertical smoke spread.

MAINTENANCE

Proper maintenance of all mechanical parts of the system is needed to ensure proper performance of the system. Maintenance should be performed at least annually by a certified company (preferably the installer of the system).

PROTECTION FROM FIRE HAZARDS

GOAL

Certain areas in hotel buildings typically contain a higher fire risk than most of the other areas. Typical examples are:

- Areas used for storage of combustibles or flammables:
 - Flammable liquid rooms (storage of solvents, etc.)
 - Large archives
 - Trash collection rooms
 - Linen rooms



- Areas housing heat-producing appliances:
 - Boiler rooms
 - Generator rooms
 - Kitchens
 - Laundries
- Areas used for maintenance purposes:
 - Workshops
- Areas containing a higher fire load:
 - Employee locker rooms
 - Gift or retail shops
- Car parking areas

Due to the higher risk, these areas should be well segregated from the other hotel areas and/or protected by dedicated fire suppression systems. Examples of such fire suppression systems are wet chemical systems in kitchen hoods, powder extinguishing systems protecting gasoline burners in boiler rooms, gas extinguishing systems on power generators, etc.

A proper separation of the fire hazards enables following goals of fire protection:

- Property protection
- Business continuity

DESIGN OF FIRE HAZARD PROTECTION

Protection from fire hazards can be done by separating the area from the remainder of the hotel with fire rated walls, by active fire suppression systems or a combination of both. The required fire rating depends on the fire load and/or potential ignition sources in the area, but following ratings can be used as a guideline:

- 2 hour fire rating: flammable liquid rooms, boiler and generator rooms, transformer rooms with oil-filled transformers.
- 1 hour fire rating: large archives, trash collection rooms, laundries, linen rooms, kitchens, workshops, employee locker rooms and gift shops, high-tension areas and transformer rooms.

The installation of active suppression systems can lead to a reduction of the recommended values above.

MAINTENANCE

As for other active and passive systems, regular maintenance is needed. We refer to the chapters above for the recommendations.



3. Documentation

This section describes documentation that should be developed during the design, construction and operation of the hotel.

FIRE SAFETY MASTER PLAN

The fire safety master plan describes on a conceptual basis all the life and fire safety aspects that are integrated in the building.

The document should include all major fire risks, applicable codes, standards and regulations, and mitigation measures. The master plan will be prepared by a suitably qualified professional acceptable to IFC.

It should cover following aspects:

- Fire prevention
- Means of egress
- Detection and alarm systems
- Compartmentation
- Fire suppression and control
- Emergency response plan
- Operation and maintenance

The fire safety master plan should be updated during the building's lifetime. After every significant modification, alterations should be checked against the plan and additional life and fire safety measures should be taken if necessary.

FIRE SAFETY DESIGN DOCUMENTATION

The fire safety design documentation provides more detailed information on the systems installed in the building; it typically contains following information:

- As-built plans of the systems
- Verification calculations if required
- Data sheets of all components
- List of necessary spare parts
- Supplier list
- System certificates
- Fire safety design documentation

FIRE PREVENTION PROGRAM

The fire prevention program typically describes the staff responsibilities to prevent a fire. It should also include a training program for staff.

MANAGEMENT OF CHANGE PROGRAM

An effective Management of Change Program consists of procedures that consider:

- The basis for the proposed change
- The impact of the change on safety and health of employees and guests
- Necessary modifications on operating and emergency procedures
- Required authorization of the proposed changes

Each of these aspects should be formalized in a plan that demonstrates that the LFS level of the hotel is at least maintained throughout the change.



EMERGENCY RESPONSE PLANS

The emergency response plan describes the staff responsibilities in case of a fire or other emergencies (see WBG EHS General Guidelines for additional information).

Special attention should be paid to the procedures to the safe evacuation of persons with mobility impairments:

- The mobility impairment should be indicated on the registration form.
- The persons should be accommodated in specially adapted rooms, by preference as close as possible to the level of exit discharge.
- A personal evacuation plan should be handed over to the hotel guest, and should be available at the emergency response team.

MAINTENANCE PLAN AND CONTRACT FOR ALL FIRE PROTECTION SYSTEMS

Fire protection systems require maintenance by qualified persons. A maintenance plan that shows what systems are maintained with a certain frequency should be available.

The plan should include checklists with the tasks done in-house (e.g., a fire pump needs to run +/- 15 min per week) and the tasks done by maintenance contractors.

Maintenance contracts should be available for all tasks done by external parties.

TEST PLANS FOR ALL FIRE PROTECTION SYSTEMS

Apart from the maintenance, the systems should be tested on a regular basis. Typically, these tasks can be performed in-house without the support of a maintenance contractor.

Test plans should include checklists with the tasks performed and their frequency. All test activities should be logged.

INCIDENT REPORTING DOCUMENTS

Incident reporting documents enable an organization to analyze incidents and remediate.

They should contain at least:

- Event details: time, location, consequences
- Event analysis:
 - Was the event caused by an unsafe act or unsafe condition?
 - Could the incident be avoided?
 - Are additional safety measures necessary to avoid similar incidents?

4. Fire Safety Project Approaches

There are different approaches to demonstrate compliance with the requirements of the LFS section (section 3.3) of the WBG EHS General Guidelines. Complying with local life and fire safety regulations is a minimum requirement to be eligible for IFC investment.

Compliance with local regulations and with an internationally accepted level of life and fire safety should be demonstrated by one of following approaches:

- Compliance with international acceptable guidelines: there a number of international guidelines that are used worldwide and can be referenced when developing and implementing fire safety.
- Performance based design: this alternative approach sets clear performance objectives by all stakeholders with
 regard to life and fire safety. It uses specific methods and techniques often supported by computer modeling
 to demonstrate that a hotel building with certain defined fire safety measures is safe to operate.

5. Project Approval

For new developments, IFC will require an audit during following project phases:

- Finalization of Fire Safety Masterplan
- Finalization of Fire Protection Design
- Final testing and commissioning of fire protection systems
- Final Delivery Life and Fire Safety Documents

For existing properties, approval of the fire protection measures will be based on a technical due diligence:

- Verification of all available fire safety documentation
- Review of the hotel fire safety aspects, based on IFC Good Practice Notes, WBG EHS General Guidelines and codes of good practice

Annex A. Guideline Key Life and Fire Safety Design Principles

STRUCTURAL RESIST	TANCE		
Recommended	Single-story: 30 min	< 25 m: 60 min	> 25 m: 120 min

COMPARTMENTATIO	N	
Required	Between building floors Between function areas Safe means of egress Vertical openings Same rating as structural resistanc closing doors closing doors	
Required	Corridors in guest room areas	30 min, self-closing doors
Required	High-risk areas	Rating dependent on hazardous area and active protection, self-closing doors

INTERIOR FINISH / FURNISHING, MATTRESSES, CURTAINS	
Required	As a minimum, all materials should comply with local regulations
Required	Non-combustible materials in exits and exit enclosures
	Non-combustible materials or materials that are difficult to ignite in corridors and lobbies
	Special attention to material selection of mattresses, upholstered furniture and curtains

FIRE DETECTION	
Required	Guest rooms: detector with built-in buzzer
Required	Throughout the building
	Indicative price range ⁽¹⁾ :
	New: 20 – 40 USD/m2
	Existing: 25 – 45 USD/m2

FIRE ALARM	
Required	Alarm throughout buildings
Required	Flashing lights in areas with high noise levels Flashing lights in rooms for hearing-impaired persons
Recommended	Voice evacuation system

MEANS OF EGRESS				
Required	maximum evacuatio	maximum evacuation lengths in sprinklered occupancies		
Occupancy	Common path	Dead-end corridor	Distance to exit	Distance in guest room
Guest room	15 m	15 m	60 m (from guest room door)	40 m
Restaurant Commercial Conference area	5 m	5 m	75 m	
Offices	30 m	15 m	90 m	

MEANS OF EGR	RESS			
Required	maximum evacuatio	maximum evacuation lengths in unsprinklered occupancies		
Occupancy	Common path	Dead-end corridor	Distance to exit	Distance in guest room
Guest room	10 m	10 m	30 m (from guest room door)	25 m
Restaurant Commercial Conference area	5 m	5 m	60 m	
Offices	25 m	5 m	60 m	
Required	Minimum 2 separate and independent exits per area ⁽²⁾ Minimum 3 exits if 500 < number persons > 1000 Minimum 4 exits if 1000 < number persons			
Required	Evacuation widths a	s per local codes.		
Required		it capacity to discharge bby at exit discharge lev		f egress, not leading

FIRE EXTINGUISHERS	
Required Hazardous areas of unsprinklered buildings	
Recommended	Throughout the buildings (as per local codes)

STANDPIPES	
Recommended	Wet standpipes and/or standpipes as per local codes
	Hose reels throughout the building

AUTOMATIC S	UPPRESSION SYSTEMS
Required	Kitchen hood systems protecting hazardous cooking equipment (e.g., fat fryers) in open
	kitchens
Recommended	Sprinkler systems throughout the building
	Indicative price range ⁽¹⁾ :
	New: 40 – 70 USD/m ²
	Existing: 50 – 80 USD/m ²
Recommended	Kitchen hood systems in kitchen areas that are separated from restaurants
Recommended	Gas extinguishing systems in area where a fire can lead to large business interruption (e.g., computer rooms, important archives)
	computer rooms, important archives)

SMOKE CONTROL	
Required	Stairwell pressurization system in buildings > 25 m
Required	SHEVS in atria
Recommended	Smoke removal system in guest room corridors, as per local code

^{(1):} The indicative price ranges are general estimates that are considered to be representative for typical hotel buildings. Further variance might occur, due to complexity of the building and regional price differences.

^{(2):} Separate exits so that if one exit is blocked during an emergency the other is available for evacuation (a good practice is a distance of minimum 30 m between exits or exits separated more than one-half of the length of the maximum overall diagonal dimension of the building or area).

Annex B. Key Life and Fire Safety Audit Aspects

OVERALL FIRE SAFETY

Is a LFS master plan available?

Is the building accepted by local authorities? Are acceptance documents available?

FIRE COMPARTMENTATION

Are as-built compartmentation plans, showing all fire separations, available?

Are certificates for all components of fire separations available?

- Fire doors
- Fire dampers
- Cable, pipe and duct sealing materials

Is the actual fire compartmentation in line with what is indicated on the plans?

- Are certified fire doors installed in fire separation walls?
 - Are any fire doors blocked open?
 - Do door closers work properly?
- Are any unprotected openings visible?

INTERIOR FINISH / FURNISHING, MATTRESSES, CURTAINS

• Are certificates available on the reaction of these materials to a fire?

EVACUATION

Are evacuation plans available?

- In the as-built file of the hotel
- On strategic locations in the building
- In every guest room

Are all evacuation routes clearly marked?

- Are enough signs installed to show the evacuation routes?
- Is enough emergency light installed?
 - Are all evacuation pictograms illuminated?
 - Are evacuation routes well illuminated?
 - Is the emergency light system designed for a duration of 1 hour at least?
 - Is a meeting point clearly marked on a safe location outside the building?

Can the evacuation routes be used at all times?

- Are all evacuation doors free from locks?
- Are any evacuation doors blocked?
- Are all corridors, passages and stairs free from obstructions?
- Does at least 50% of the exit capacity discharge to the outside through safe means of egress, not leading through the hotel lobby?

FIRE DETECTION AND ALARM

Is all fire detection and alarm system information available?

- Fire detection plans, single-line diagrams
- Datasheets of all components
- Calculations (voltage drop calculations, battery capacity)
- Cause and effect matrix
- Testing and commissioning documents
- System logbook

Is the fire detection and alarm system installation approved by an independent body?

Is the actual fire detection and alarm system in line with what is indicated in the system information?

- Are tests in conformity with what is shown on the cause and effect matrix?
- Is the fire alarm signal easily notifiable?
 - Is the alarm signal loud enough and distinct from other signals?
 - Are additional flashing lights foreseen in areas with high noise levels?
 - Are flashing lights (and/or vibrating pillows) foreseen in rooms for hearing-impaired persons?

Is the actual fire detection and alarm system fully operational?

- Is the fire alarm control panel free from technical faults?
- Are maintenance reports available and are all issues indicated on the reports resolved?

AUTOMATIC FIRE SUPPRESSION / SMOKE CONTROL

Is all information on automatic suppression / smoke control systems available?

- As-built installation plans
- Datasheets of all components
- Calculations (flow calculations, required capacity)
- Testing and commissioning documents

Is the automatic fire suppression / smoke control system approved by an independent body? Is the actual system fully operational?

- Do any technical errors appear on the control panel?
- Are maintenance reports available and are all issues indicated on the reports resolved?

FIRE EXTINGUISHERS / HOSE REELS

Are plans available showing the location of all fire extinguishers and hose reels?

- In the as-built file of the hotel
- On the evacuation plans

Are all fire extinguishers and hose reels clearly marked?

- Are signs installed to show their location?
- Is emergency light installed to illuminate the signs?

Can the fire extinguishers / hose reels be used at all times?

- Is access free of locks?
- Are any fire extinguishers / hose reels blocked?

Are maintenance reports available and are all issues indicated on the reports resolved?

STANDPIPES

Are standpipes installed as indicated in the fire safety master plan and/or building permit?

Are the fire department connections at the base of the riser and in the building free from obstructions?

FIRE PREVENTION

Are good housekeeping rules applied and are they well followed?

Are formalized permit procedures applied for hot works and other activities that create a higher fire risk?

Is every employee aware of the fire risks related to his job and how to mitigate the consequences of a fire incident (e.g., are kitchen employees aware of the risks involved with fat fryers, the presence of kitchen hood systems, fire blankets, means to cut the energy supply, etc.)?

Is a formal inspection procedure applied for life and fire safety aspects?

EMERGENCY RESPONSE

Is a formalized emergency response plan available?

Is every employee informed on how to react in case of a fire alarm? Do the employees receive regularly an update of these procedures?

Are at all times enough employees available that are skilled in a first response to a fire alarm?

- Inspection of a fire alarm
- Use of fire extinguishers
- Activation of fire alarm
- Communication with local fire department

Are at all times enough employees available that are skilled in the use of fire extinguishers?

• Is the training of fire extinguishers repeated regularly?

Are at all times enough employees available that are skilled in the evacuation of guests?

• Is the evacuation training repeated regularly?

Are evacuation drills practiced at least once a year?

Annex C. Inspection and Maintenance Schedule

Frequency	Automatic sprinkler systems	Standpipes	Fire pump	Water tank	Kitchen hood suppression systems	Emergency standby power systems
WEEKLY	Record pressure	Visual inspection of dry standpipe control valves	Check pump house heating	Check heating system during freezing weather		Inspect the generator and its components
		Record pressure of wet standpipes	Fire pump operating test	Check water level		Check the house-keeping in the generator room
			Check packing gland tightness			Generator operation test
			Check suction and discharge pressure gauges			
			Check position of valves			
			Control alarms function properly			
MONTHLY	Visual inspection of section valves and alarm valves	Visual inspection of wet standpipe control valves	Remove battery corrosion, clean and dry battery case	Check water temperature	Visual inspection of system	Inspect and check the fan and alternator belts
			Check battery charger and charger rate			Inspect the battery charger and charger rate
		Equalize charge in battery system Exercise isolation switch and circuit breaker		Inspect and check the circuit breaker and fuses		
				Inspect and test the governor oil level and linkage		
			Inspect, clean and test circuit breakers			Test each battery powered unit for 30 seconds
						Operate the transfer switch



Frequency	Automatic sprinkler systems	Standpipes	Fire pump	Water tank	Kitchen hood suppression systems	Emergency standby power systems
QUARTERLY	Test sprinkler flow and pressure alarms	Visual inspection of hoses and fire department connections	Check crankcase breather on diesel pump for proper operation	Visual inspection of tank		Inspect the crankcase breather
	Verify that fire department connections are visible and accessible	Visual inspection of pictograms	Clean water strainer in cooling system for diesel fire pump			Inspect the exhaust system insulation
		Test flow switches	Check exhaust system insulation for integrity and check exhaust system clearance to combustibles to prevent fire hazard.			
			Check battery terminals to ensure they are clean and thight.			
SEMI- ANNUALLY	Test quick- opening devices and accelerators of dry pipe systems.	Test tamper switches	Check operation of safety devices and alarms	Check water level alarms	Check all components	Test the antifreeze protection level
	Test fire detection system for preaction and deluge systems.				Verify that hazard has not changed	Test the operation of safeties and alarms
	Test tamper switches					Test emergency generators greater than 600 V under full load
ANNUALLY	Visual inspection of sprinklers, piping, hangers	Visual inspection of piping	Conduct fire pump performance test	Check accessibility and condition of fire department connection	Replace fusible links	Inspect and test tank vents and overflow piping for obstructions
	Check anti- freeze solution of glycol systems.	Check nozzles	Verify setting of relief valve			Inspect fuel piping

By building owner.

By maintenance contractor.

Frequency	Automatic sprinkler systems	Standpipes	Fire pump	Water tank	Kitchen hood suppression systems	Emergency standby power systems
	Maintenance of valves	Lubrication of swing-out racks	Lubrication of various parts			Inspect and test louver motor and controls
	Cleaning of strainers	Reracking of hoses	Replace oil and oil filters if needed			Inspect exhaust system hangers and supports and test for excessive back pressure
	Functional test of sprinkler system.		Calibrate pressure switch settings and check accuracy of pressure sensors			Inspect transfer switch main contacts and exercise the circuit breakers
			Inspect fuel piping			Check and test the ignition system of the engine and test injection pump and injectors
						Measure and record resistance readings with insulation tester
						Test each battery powered unit for its required autonomy
						Test the emergency generator under full load or under bankload full test
						Replace oil and oil filters if needed
EVERY 5 YEARS	Internal inspection of check and alarm valves			Inspection of tank interior		
	Calibrate pressure gauges			Check all valves		
Certification inspection by third party	Every year		Every year		Every year	Every year
MONTHLY	Visual inspection of panels (no technical faults).	Verify that no alterations have been made to the room				
		Doors are self- closing or close automatically in case of suppression				

By building owner.

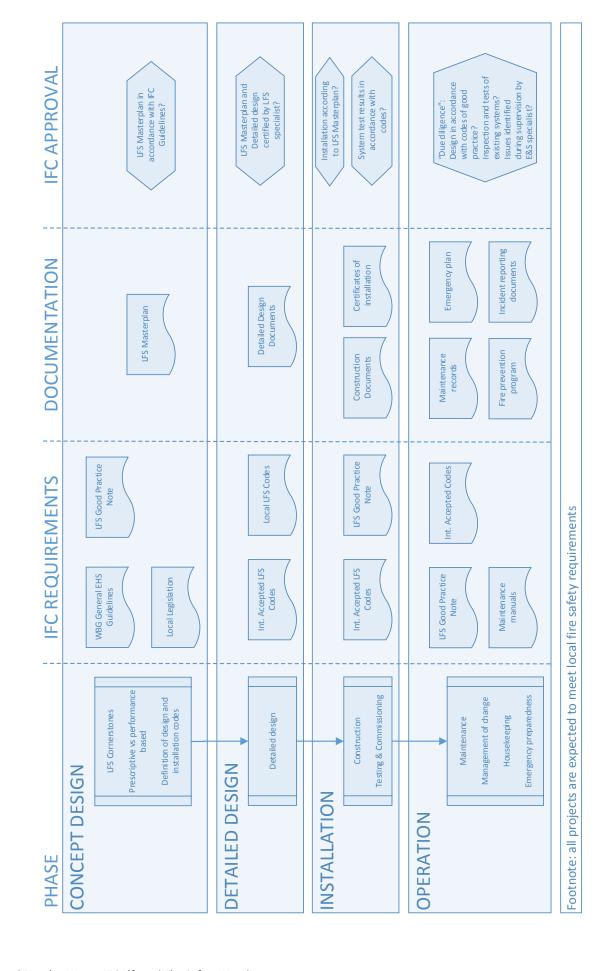
By maintenance contractor.

Frequency	Fire detection and alarm	Gaseous extinguishing system	Portable fire extinguishers	Fire doors	Fire dampers	Smoke control system
QUARTERLY	Visual inspection of system (callpoints not blocked, free space around detectors,)		Visual inspection of accessibility	Visual inspection of doors		
				Verify that doors are not blocked open		
SEMI- ANNUALLY		Visual inspection of system and containers				Functional test
		Record container pressures and weights				
ANNUALLY	Functional test of all detectors, call points and alarms	Visual inspection of hoses	Maintain and recharge as required by maintenance instruction	Check door for physical damage, no open holes left from replaced hardware.	Visual inspection of hinges and other moving parts	
	Functional test of alarm transmission	Inspect enclosures or rooms for tightness		Check door closers on functionality and coordination of door leaves at double doors	Remove fusible link and operate damper	
	Battery test			Check closing of automatically closing doors upon fire detection	Lubrication as per	
	Inspection of log book					
EVERY 5 YEARS	Revision of all detectors (without self-check option) Hydrostatic test of system					
		Complete visual inspection of gas containers				
EVERY 8 YEARS	Revision of all smoke detectors with self-check option					
Certification inspection by third party	Every year	Every year				Every year



By maintenance contractor.

Annex D. Life and Fire Safety Documentation and Approval Flow



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